



**Haringey Irish Centre, Pretoria Road
Tottenham N17 8DX**

FREE HEALTHY HEART CHECK

**On
Friday 11th December 2009
From
9.30 a.m. to 4.15 p.m.**

The Advice & Support Service in conjunction with the NHS and The British Heart Foundation invite you to have a healthy heart check. You can have a full free cardiac assessment which, if appropriate, can also incorporate a GP referral. The examination will be carried out by qualified cardiovascular nurses and will take approximately 30 minutes of your time.

Heart disease is one of the biggest killers in the UK and it is important that you take the time to avail of this service which could actually save your life.

If you would like to book an appointment for a check up please contact Mary Maguire on 020 8808 0454 as soon as possible.

